



# WE MADE AN IMPACT TOGETHER

**"The hospital serves people, and that's what we're here for. That's what I've dedicated my whole life to."**

**Nick Delmonaco** has seen a great deal at Robert Wood Johnson University Hospital (RWJUH) Rahway. A member of the hospital's Board of Governors for 37 years, he was instrumental in the decision to merge with the Robert Wood Johnson Health System in 2003 and to continue as part of RWJBarnabas Health when Robert Wood Johnson and Barnabas Health merged in 2016. Over the years, he's been involved as the hospital grew both its physical presence and its range of inpatient and outpatient services.

**Delmonaco**, who was born at the hospital in 1940—"when it was a single building with a circular driveway in front"—is also a grateful patient. "I'm like the bionic man. RWJUH Rahway has kept me alive for years now," **Delmonaco** says. He refers to the hospital staff as his second family. Over the years, he's had heart surgeries, spine surgery, cancer treatment and more. Robert Wood Johnson University Hospital in New Brunswick, also an RWJBarnabas Health facility, has provided seamlessly coordinated treatment as needed. "I'm a perfect example of why this hospital is the best place to go," he says. "Nobody needs to travel to New York to get the best healthcare there is."

## GIVING BACK

Before retiring in 1993, **Delmonaco** worked in the Rahway Public Schools, first as a physical education teacher and coach, then as an elementary and high school principal, and later as assistant superintendent of schools. As a well-known community member, he has promoted the hospital to a wide range of residents over the years. The skills he used in his education career have served him well as a hospital board member. "I was an evaluator for secondary schools and colleges for the Middle States Association for many years," he says. "It's similar to what The Joint Commission does for hospitals." His background also gave him the inspiration to donate Rahway school yearbooks to the Registration Desk. One of his former students, who works at the desk, often asks patients what year they graduated, and pulls out the relevant yearbook to show them. "It helps people relax," **Delmonaco** explains. "I really enjoy seeing the kids I had at school who have become technicians, nurses, doctors, maintenance people, secretaries and more," he says. "Now many of them have retired, and I'm still hanging around!" **Delmonaco** has made generous financial contributions to the hospital, including annual donations, major gifts and planned giving that he created with the help of the RWJUH Rahway Development Department. "I encourage everyone to donate to the hospital in whatever amount they can afford," he says. "The hospital serves people, and that's what we're here for. That's what I've dedicated my whole life to."

In 2019, he made a significant donation for renovations to the main lobby. The lobby is now named for him and his late wife, Arlene, a Rahway teacher who passed away in 2020 and to whom he was married for 59 years. Arlene was born at RWJUH Rahway, too, as were **Delmonaco's** two sons. "My kids have strict orders that if anything happens to me, they're not to take me anywhere else," **Delmonaco** says. "It's one of the best hospitals anywhere."

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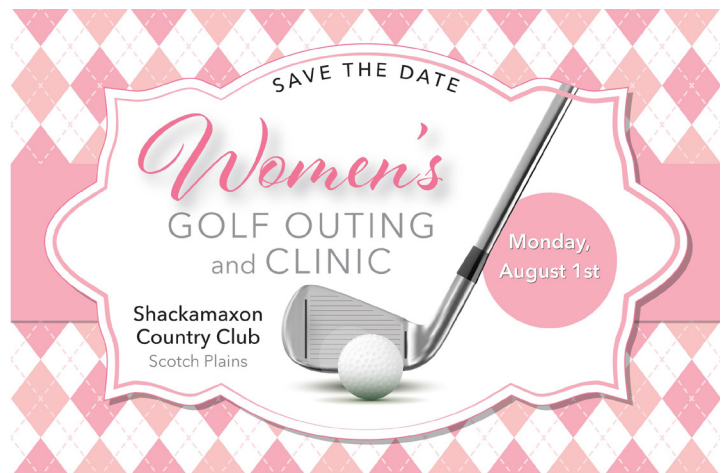
Robert Wood Johnson University Hospital Rahway held their annual Rose Ball Gala on Thursday, May 18th, 2022 at the Stone House at Stirling Ridge in Warren, New Jersey. Proceeds from the gala will benefit patient care services and facilities at RWJUH Rahway. The evening honored four Champions of the Rose for their work embodying the hospital's high standards of healthcare. These individuals included:

**Nora Grillo, PT, DPT**, Director of Rehabilitation Services

**Courtney Kovacs, MSN, RN-BC**, Director of Patient Care Services Unit 2E

**Sandra Sanford, BSN, RN-BC**, Director of Patient Care Services Unit 3C

**Mityanand Ramnarine, MD, FACEP, FACP**, Chair of the Emergency Department  
Accepting on behalf of the RWJUH Rahway Emergency Department



For more information, please call the RWJUH Rahway at **732-499-6135** or email [Foundation.Rahway@rwjbh.org](mailto:Foundation.Rahway@rwjbh.org)

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